

# What is Move with Peppa?



Move with Peppa is a fun physical literacy programme for 16 months to 5 year olds. Each class is 30-45 minutes long, themed around a recognisable Peppa Pig episodes and designed to develop your child's (gross) motor skills for example:

- Peppa Puddle jumping
- Richard Rabbit running
- Suzy sheep skipping
- Emily Elephant lunges
- Danny Dog dodging
- Rebecca Rabbit hopping
- Candy Cat Crawls



The classes vary from week to week and include balancing, throwing, catching and kicking. All are delivered through a variety of story led games; activities, rhymes and original Move with Peppa dance routines:

The Peppa Steppa 🎵  
Mummy Pig Jig

Daddy Pig Does Disco

🎵 Dine-saw Dance

Peppa's Friends 🎵



## How does it work?

Move with Peppa has 36 amazing episode inspired classes split into 6-week programmes. Each programme is designed to focus on the most essential core movement skills for your little one. It's lots of fun and helps develop your child's physical and social confidence. Each programme is colour coded so you can work your way through all 36 classes!

## What to expect

Each programme provides a unique opportunity to work with your child to develop their physical literacy. We ask parents/carers to actively engage in each class so don't be surprised when we ask you to join in the Peppa Steppa or hop like Rebecca Rabbit!

At the start of each 6-week programme every child will receive a reward sticker chart and stickers to take home and keep moving with Peppa.

For more information visit the website [www.movewithpeppa.com](http://www.movewithpeppa.com)