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Dear Parent/Carer

### **Head Lice and Nits**

Thank you for being so diligent in checking your children's heads and keeping head lice at bay. However, despite your thoroughness, children are becoming reinfested.

If all families would please check thoroughly tonight and for the next few days, we may eradicate the problem - at least for this year!

Don't forget to **check everyone**, not just the children. May we also suggest that you consider with whom you and your children have been in contact, outside school. Whilst the school provides an ideal breeding ground, we are not necessarily the source. Head lice come into school from outside and they love clean people!



#### **To Get Rid of Head Lice**

You can treat head lice without seeing a GP. Treat head lice as soon as you spot them. You should check everyone in the house and treat them on the same day if they have head lice. There is no need to keep your child off school if they have head lice.

#### **Use Lotion or Spray to Treat Head Lice**

You can use medicated lotions and sprays that kill head lice in all types of hair. You can buy these from pharmacies, supermarkets or online. Head lice should die within a day. Lotions and sprays come with a comb to remove dead lice and eggs.

#### **Treatments Need to be Repeated After a Week**

Treatments need to be repeated after a week to kill any newly hatched lice. If lotions or sprays do not work, speak to your pharmacist about other treatments.

Everyone is receiving this information.

Thank you for your continuing support, now and into the future.

Yours sincerely

Chris Huscroft  
Executive Head Teacher

Hannah Stephenson  
Head of School