

Coffee Morning & Cake Bake

Friday 23rd November
9am to 12noon

St. Barnabas Church Hall, Swanland

Everyone Welcome

Baking donations welcomed on the day



The '**Cardiac Risk *in the Young***' **Great Cake Bake** is the culmination of their annual awareness week every November and the Loncaster family have run their own event each year since 2015.

Please feel free to join us and bring your friends along for the chance to catch up over a hot drink and a slice of cake or a muffin.

We always have some fabulous 'show-stoppers' that we raffle off, as well as some generous and wonderful donations of home baking on the day.

----- www.jamieloncaster.co.uk -----

Jamie died in March 2015 from 'severe viral myocarditis'

All money raised by his family and friends in his memory goes into his ring-fenced memorial fund at '**Cardiac Risk *in the Young***'.

Graham & Jenny Loncaster can then use it to fund CRY related services, with the current aim being to fund heart screening events.

These events are for local young people with the ultimate aim of screening around 2,000 young people by the end of 2020.

#JamieRemembered 